

## What MOPS Offers

A HAVEN for soothing frazzled nerves and forming lifelong friendships.

ENCOURAGEMENT from experienced moms and special guests who share Biblical truths and practical ways to fulfill the many roles of a woman – wife, mother and friend.

A QUALITY children's program where little ones are cared for and loved.

DISCUSSION GROUPS in an encouraging and accepting atmosphere where moms can express their feelings on a variety of topics.

An OPPORTUNITY to complete an easy and fun craft project or learn a new skill that mom's probably wouldn't have the time or energy to attempt at home.

A place to gain PERSPECTIVE & BALANCE in a group that helps bring out your best!!!

## Our MOPS Leaders

MOPS leaders are all volunteers who have a heart for moms. If you are interested in serving with us please indicate which area interests you on the registration form inside.

MOPS Co-Coordinator	Katy Thompson
MOPS Co-Coordinator	Del Christianson
MOPPETS Coordinator	Meredith Roe
Mentor Mom	Gloria Bartlett
Hospitality	Rebecca Morris
Discussion Group Leader	Lori Shook
Finance	Del Christianson
Creative Activities	Melissa Clemens
Publicity	Amber Ulrey

Rowland Springs Baptist Church



2009 – 2010



"Where two or three come together ... there I am with them." Matthew 18:20

Does your life revolve around a preschooler? Before you spin out of orbit, check out MOPS!

**Rowland Springs Baptist Church**  
**79 Rowland Springs Road**  
**Cartersville, GA 30121**  
**770-382-4778**  
**[www.rowlandsprings.com](http://www.rowlandsprings.com)**

# What is MOPS?

MOPS (Mother of Preschoolers) is an international organization for all moms of infants to kindergarteners providing the opportunity to meet other moms and make the journey of motherhood together. MOPS exists to equip, encourage, develop and bring moms what they want and need.

MOPPETS is the children's program which is provided while MOPS is meeting. The children are loved and encouraged through carefully planned activities. The children will grow socially, creatively and spiritually all while being cared for by screened, trained, loving staff. MOPPETS is as important to the kids as MOPS is to moms.

Together the MOPS and MOPPETS programs provide mothers with the ability to relate, relax and recharge knowing their kids are being cared for in a loving environment. Breastfeeding mothers are welcome to keep their little ones with them during the meetings, and homeschooling families are welcome as well.



Better Moms Make A Better World

# MOPS Detail s

Rowland Springs Baptist Church MOPS Begins September 3rd, 2009 and runs through April 2010. Registration begins April 1st, 2009.

Meetings are held on the 1st and 3rd Thursdays of the month from 9- 11:00am. Children can be dropped off for the MOPPETS program at 8:50 am.

## Fees

There is a MOPS International Fee of \$23.95 per mom, per year. This includes a subscription to the MomSense magazine, weekly MOPS emails and a copy of the book *Life on Planet Mom* by Lisa T. Bergren.. All meeting fees will be waved this year. Donations will be accepted should you desire to do so.



### Meeting Schedule

#### Semester 1

September 3rd & 17th

October 1st & 15th

November 5th & 19th

December 3rd & 17th

#### Semester 2

January 7th & 21st

February 4th & 18th

March 4th & 18th

April 1st, 15th & 29th

# MOPS Registration



Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Husband's Name (if applicable) \_\_\_\_\_ Anniversary \_\_\_\_\_

Birthday \_\_\_\_\_ E-Mail \_\_\_\_\_

Attended MOPS before? If so., where? \_\_\_\_\_

Do you attend a church? If so., where? \_\_\_\_\_

How did you hear about this MOPS group? \_\_\_\_\_

## MOPPETS Information

Please list your child(ren)'s names and birth dates and indicate if they will be in MOPPETS by starring their name.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Expected baby due date \_\_\_\_\_

## I would like to serve MOPS in....

- Hospitality
- Crafts Committee
- I'm Open to helping where needed
- I'm not a MOPS but would like to help with MOPPETS
- I would like more scholarship information